



# The 'Driving Standard'

February 2010

East Midlands Group (EMG) RoSPA Advanced Drivers Association – [www.eastmidrospa.co.uk](http://www.eastmidrospa.co.uk)

- New Tutor's:- Patrick Eaton, Simon Behnke, Steve Nyland
- Test Passes :- Congratulations to - Brenda Read-Jones, Lyndon Smith
- New Members :- Erika Langsdale, James Nichols, Marcus Gray, Karin Buckingham

## Sunday Morning Guidance - Important

Approx 15 months ago, we introduced a formal booking in system for associate members.

This has worked fairly well, although we have been let down by some associate member's who fail to turn up and do not let us know. A telephone call, text or email will suffice.

Remember if you do not turn up and fail to make contact your future bookings are cancelled, until such time as you re-book with the guidance co-ordinator, and this may be subject to a place being available.

We appreciate that on an odd occasion you may not be able to turn up due to illness or some other emergency.

We do ask you to please remember that your Tutor's are unpaid volunteer's who are giving their time freely to assist you in your goal, it is unfair to have tutors sitting around on Sunday mornings when we have a waiting list of prospective new members.

The Guidance co-ordinator and some of your Tutors travel a considerable distance at their own expense to be with you on Sunday Mornings.

Tutor's are now also being asked to book in, so we can make every effort to match numbers of associates & tutor's.

Thank-you for your support and co-operation in this matter.

Rob  
Chairman – East Midlands Group RoADA

Take part in the Quiz – see how much you really know – see Page 5

You can help you're group – keep it's costs low

On-line browsing or internet shopping?

Please support your group with :-

Easyfundraising & Easysearch Please use for all your online purchases for goods, insurance etc... .

Before we start our 'Good cause' is 'ROADAR East Midlands Group'

Easyfundraising – Register with this organisation and make internet purchases via this site, it's so easy, all you have to do is login into the easyfundraising site, take the link to any of the 600+ retailers and make your purchase, it is no more expensive than going direct to the retailers site direct – in fact it may be cheaper. In return the group receives either a fixed payment or a percentage value of your purchase.. Ask your family , friends, neighbours, work colleagues etc. to do the same. <http://easyfundraising.org.uk/roadar>

Easysearch – login into this site register our good cause and use this as your search engine instead of Google, ask.com etc.. For every search that you make we receive 0.5p, ask your family, friends, neighbours, work colleagues etc. to do the same. <http://roadar.easysearch.org.uk>

Easyreferral - this where other good causes, similar to ourselves, youth football teams, scouts, brownies join and take advantage of Easyfundraising & Easysearch, this a link for them to join, from which we then receive a small payment for introducing them <http://www.easyfundraising.org.uk/referral/21823>

Member saves money on replacement car insurance – EMG Treasurer – Nick Down (otherwise known as Scrooge) using 'Easyfundraising' – Nick say's 'I saved money and the group also benefitted – it's unbelievable'

**easyfundraising**  
.org.uk

**DELL**  
Just **AAask**.

**.com**  
amazon.co.uk

**sky**  
John Lewis

**BT**  
**ToysRUs**

East Midlands Group (EMG) RoSPA Advanced Drivers Association – [www.eastmidrospa.co.uk](http://www.eastmidrospa.co.uk)

- Young Driver Incentive – Derby – Derbyshire & Derbyshire Dales
- Moving on from the Ashbourne event of last November we have had continued interest from this area, and currently have some young drivers either with us or in the process of joining – a number of people from this area also now appear on our waiting list.
- Derby & Derbyshire Safer Roads Partnership are currently offering a £50-00 subsidy to any resident of Derby / Derbyshire who becomes a member of our group, and is under 26 years of age, this offer will be reviewed in March
- Derbyshire Dales District Council are offering an additional £70-00 subsidy to any resident within Derbyshire Dales District Council area (same conditions apply as above)
- This means that a resident of Derbyshire Dales who is under 26 years old, can receive subsidies totalling £120-00, as a package to Derbyshire Dales we will also include a RoSPA Young Driver Assessment (YDA), this will be taken prior to any advanced tuition, and is carried out by RoSPA examiner's
- Contact Rob [chairman@eastmidrospa.co.uk](mailto:chairman@eastmidrospa.co.uk) or Nick [treasurer@eastmidrospa.co.uk](mailto:treasurer@eastmidrospa.co.uk) for more details
- Do you know of a young driver who could benefit from this limited offer?

Reading Material for those dark, cold winter month's  
After your over indulgence during the recent festivities – why not pick up your copies of 'Roadcraft' & 'Highway Code' and do some swatting (I mean revision)


Another useful read is the 'Know your traffic signs'  
You will be tested on your knowledge.



It's party time  
Are you up for a night out? Join other members & family of our group -  
See page 6 & 7 more details  
Replies to Jenny please at [secretary@eastmidrospa.co.uk](mailto:secretary@eastmidrospa.co.uk)




**Regalia – Available most Sunday mornings you are able to purchase RoADAR branded merchandise – see our new Regalia Officer - Mark Shardlow for details**



A4 Clipboards  
£6.50 ea

New Stock includes



Windscreen Stickers  
£2.50 ea

EMG Corporate Wear - available soon – Tee-shirts, Dress Shirts, Fleece details to follow – these will be available and will be supplied to order  
Please advise if you would be interested in taking up our corporate wear offer so we are able to negotiate a suitable discount with our suppliers

## MDU Events 2010

EMG RoADA Members at Ashbourne – November 2009 the event was supported by Derby & Derbyshire Safer Roads Partnership, Derbyshire Dales District Council, Ashbourne Town Council & Derbyshire Police. Mayor of Ashbourne Cllr Caroline Cooper inspects the Motley crew – we had 14 members in attendance throughout the day.



During 2009 our Mobile Display Unit (MDU) was in attendance at events throughout the county, to promote group activities and 'Road Safety' Events attended included Broomfield College open day, Derby Fire & Rescue weekend, Duffield Carnival, Little Eaton Carnival, Ambergate Carnival, Cheadle Carnival, Ashbourne Event (above)

## We are looking for events to attend throughout 2010

We are now looking for events to attend throughout 2010 with our MDU

If you know of any event that we could possibly attend please let us know, by all means make enquiries at the venue to see if we would be welcome to attend, but please do not commit the group, we will make the commitment subject to the event being suitable, availability of members to attend & not already being booked elsewhere.

Important note :- The group is a non profit making charity No 1002840 registered with the Charity Commission – as such we do not pay to attend any events. We do not sell anything at events – we are a voluntary organisation and promote our activities

Please contact any committee member or email [chairman@eastmidrospa.co.uk](mailto:chairman@eastmidrospa.co.uk)

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## Group invitation to Burton Police Road Safety Event

Martin Fitch – vice chairman - Reports

"At the beginning of February we were approached by Staffordshire police who were holding a road safety event at TL Darby (VW dealership) in Burton.

Unfortunately due to the very short notice we were unable to mobilise the MDU. However I did attend for a few hours, It was quite a cold morning and I was glad of the cup of hot chocolate given to me by the specials from their mobile police station many thanks, I have made some useful contacts for the group.

The event was organised as part of the National Specials Weekend, this is a Home Office led initiative the aim of which is to raise awareness of the vital work carried out by volunteer police officers, Staffordshire's theme was road safety. There were displays by the Fire service, the Police, St John's Ambulance, Staffordshire safety camera partnership as well as bike safety presentations for youngsters.

There was quite a lot of interest from the public, the blue lights at the entrance to the event worked wonders at pulling people in. While I was there I met the Inspector in charge of the Burton specials who is hoping to hold a bigger event later in the year, if he can get the support, I have offered our support (subject to bookings) I think it would be a useful event to attend, they have our contact details and I am sure they will be in touch. - *Martin*

In the Rear-view  
Coming soon focus on individual members  
Get to know the other members of our group

We have been without a regular newsletter for sometime – this is the chairman's attempt to correct the situation – but to change we need to have some input from you the membership – thoughts & material etc.. To Rob or email:- [chairman@eastmidrospa.co.uk](mailto:chairman@eastmidrospa.co.uk)

Have you looked at the your group website lately – our resident webmaster Adam Thompson is updating and expanding the content regularly

See [www.eastmidrospa.co.uk](http://www.eastmidrospa.co.uk)

Disclaimer the content of this newsletter is not necessarily that of East Midlands Group of RoADAR or RoSPA



The East Midlands Group – RoADA  
(RoSPA Advanced Drivers Association)  
(Royal Society for the Prevention of Accidents)  
RoADAR Test – acknowledged as the highest Civilian Driving Qualification available



# 'Driving Standard Quiz'

February 2010

## Cars / Stars

- 1) Name the glamorous contestant in the 'Whacky Races'?
- 2) Parker was her chauffeur – name the lady and the TV series?
- 3) Red London Bus – set in a scrap-yard – children's adventure series – early 1970's – Name the series?
- 4) Name the marque and model of vehicle built during WWII that had been estimated to last just 30 days?
- 5) Name the vehicle marque and model of car - whose translation is 'two horses'?
- 6) Name the vehicle marque, model, and TV series that had 'London – Paris – New York' included within the livery of the vehicle?
- 7) Name the military vehicle named after a water container?
- 8) Roger Moore starred as the 'Saint' – name the vehicle marque and model of car he used?
- 9) In a series of TV adverts the 'Crash Test Dummies' drove off of a high building – Name the vehicle marque?
- 10) Doc Emmett Brown & side kick Marty McFly are characters in which film, & name the vehicle marque that was used?
- 11) 'the love bug' – Name the vehicle?
- 12) Truly Scrumptious was a character in this film, name the film and registration No of the main vehicle?
- 13) What famous fictional car was based on a 'Lincoln Futura'?
- 14) Black car with a brain of it's own – Michael was the driver – Name the car and TV series?
- 15) In the TV series 'Starsky & Hutch' name the vehicle marque that was driven by Starsky (red tomato)?
- 16) What is the origin of the name 'Mercedes' in Mercedes Benz?
- 17) Fiat Gamini is generally referred to as what?
- 18) What were the colours of Mr Bean's car?
- 19) Magnum PI – what car did he drive – marque & model?
- 20) Whose 39 year old, 21<sup>st</sup> birthday present now runs on Bio-ethanol?
- 21) Who can legally drive in the UK without a number plate?
- 22) Who starred in the following films 'motormanía, freeway phobia I & II'?
- 23) Complete Henry Fords famous quotation – 'People can have the Model T in any colour'?

## Police / Roads / RoSPA

- 24) Black Maria – is an old term for a police prison van, from where does the term Black Maria originate?
- 25) Where is the birth place of Advanced Driving?
- 26) The commissioner of Police – Lord Trenchard engaged which famous racing driver to undertake a review of Police Driving Standards in the early 1930's?
- 27) Name the former racing driver whose lecture notes became 'Roadcraft'?
- 28) Name the book - that was the forerunner to 'Roadcraft'?
- 29) Who are acclaimed to have introduced road signs into Great Britain?
- 30) In times past a man had to walk 60 yards in front of a vehicle waving a red flag – Name the act of Parliament and year?
- 31) Name the UK's first motorway, when did it open and what was it's length?
- 32) Bridget Driscoll became a notoriety in history – for what reason?
- 33) Zebra crossings – the orange globe on top is sometimes referred to as a 'Belisha Beacon' from where does the term Belisha Beacon originate?
- 34) In what year did it become compulsory for all car occupants to 'Clunk Click' on every trip?
- 35) 'non nobis solum' was a Latin phrase used on RoADA badges – what does it translate to?
- 36) In 1980 what organisation became RoADA?
- 37) Name an early Patron of our organisation who eventually became a prime minister?
- 38) Which famous actor undertook the 'test' in the 1950's – he ended each show with 'G-night all'?
- 39) Who came first (chicken or the egg) I.A.M or RoADA (RoSPA Advanced Drivers Association)?
- 40) Name the 1<sup>st</sup> driver and passenger of a petrol driven car to be killed in the UK & what was the year?
- 41) Who was Mary Ward & why does her name enter the history books?
- 42) How many versions of 'Roadcraft' have been published in the UK? – (exclude motorcycle Roadcraft)
- 43) What is an H.O.V lane & what colour are the signs?
- 44) How many types of crossing are there? – Name them?
- 45) What is meant by the term 'echelon' parking?
- 46) What is 'Active Traffic Management'?
- 47) The East Midlands Group of RoADA (us) have our own MDU, what does MDU stand for & which website will you see a photograph of it?
- 48) You are on a motorway and breakdown, from where should you call for assistance and why?
- 49) What is the difference between the I.A.M and RoADA?
- 50) If you hold a current issue driving licence, are you required to re-new it?

## Chicken & Duck Cont.

73. Chicken with Straw Mushrooms
74. Chicken in Chili & Garlic Sauce
75. Stir-fried Hot Chili Chicken Slices
76. Stir-fried Chicken Slices in Oyster Sauce
77. Stir-fried Chicken with Peppers & Pineapple
78. Sweet and Sour Chicken
79. Deep-fried Lemon Chicken
80. Cantonese Style Roast Duck
81. Shredded Duck & Vegetable Stir-fry
82. Stir-fried Roast Duck with Peppers & Pineapple
83. Roast Duck in Lemon Sauce
84. Roast Duck in Plum Sauce

## Vegetables

85. Stir-fried Asparagus with Crushed Garlic
86. Stir-fried Mange-tout with Crushed Garlic
87. Stir-fried Bambooshoots and Chinese Mushrooms
88. Stir-fried Mixed Vegetables
89. Stir-fried Beansprouts with Crushed Garlic
90. Stir-fried Aubergines in Oyster Sauce
91. Deep-fried Beancurd with Chili & Salt
92. Deep-fried Beancurd with Sweet & Sour Sauce
93. Stir-fried Beancurd in Black Bean Sauce
94. Stir-fried Beancurd with Chinese Mushrooms
95. Stir-fried Beancurd in Chili & Garlic Sauce

## Curry

96. Springwater Special Curry
97. King Prawn Curry
98. Beef Curry
99. Chicken Curry
100. Roast Pork Curry
101. Roast Duck Curry
102. Mixed Vegetable Curry

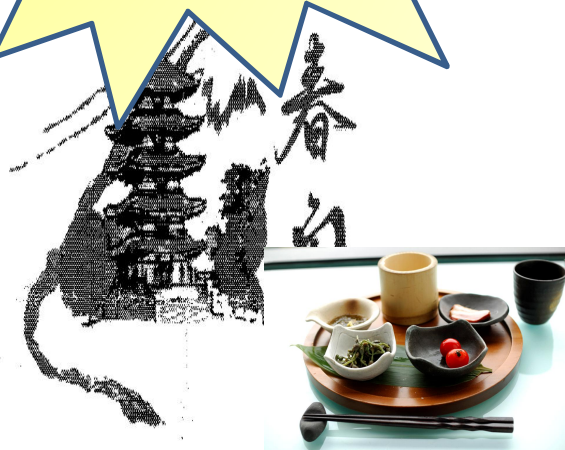
## Rice & Noodles

103. Yong Chow Special Fried Rice
104. Egg Fried Rice
105. Plain Steamed Rice
106. Plain Fried Noodles
107. Spicy Thai Style Fried Noodles
108. Singapore Style Fried Vermicelli

# Springwater Cantonese Restaurant

Proposed venue & menu for our  
evening out

Please let Jenny know if you are  
interested date to be confirmed



## Eat as much as you Like

£16.00 per person (min for 2 persons)

A maximum selection of **FOUR** Starters or Main Courses may be ordered at any one time, portion sizes will be allocated according to the number of people in your party. Subsequently you may re-order the same or a different selection after you have consumed the previous selection on your table. Starters may not be ordered after you have moved on to the Main Courses.

**This menu must apply to all members in your party.**

**Sorry  
No Doggy Bags!!**

Moor Lane Calverton Nottm NG14 6FZ Tel/Fax : 0115-9654360

## Starters

1. Crispy Aromatic Duck (£2.00 extra per person per order, min for 2)
3. Sesame Minced Prawns on Toasts
4. Pork Ribs in Cantonese Sauce
5. Deep-fried Pork Ribs with Chili & Salt
6. Deep-fried Squid with Sweet & Sour Dip
7. Smoked Shredded Chicken
8. Crispy Vegetarian Spring Rolls
9. Spicy Satay Chicken Skewers
10. Chopped Pork with Crispy Lettuce
11. Crispy Wan Tun in Sweet & Sour Sauce
12. Stir-fried Mussels in Chili & Garlic or Black Bean Sauce
13. Crispy Seaweed
14. Deep-fried Five-spice Shredded Beef

## Soups

15. Wan Tun Soup
16. Hot and Sour Soup
17. Chicken with Sweet Corn Soup
18. Crab Meat with Sweet Corn Soup
19. Vegetarian Hot & Sour Soup
20. Chef's Special Seafood Soup
21. Chopped Beef with Vegetable Soup

## Chef's Selection

22. Sizzling Squid in Spicy Szechuan Sauce
23. Sizzling Fish Fillets in Spicy Piquant Sauce
24. Sizzling Prawns in Satay Sauce
25. Sizzling Prawns with Ginger & Spring Onion
26. Sizzling Beef Slices in Cantonese Sauce
27. Sizzling Beef Slices in Black Pepper Sauce
28. Sizzling Beef Slices in Spicy Szechuan Sauce
29. Sizzling Beef with Ginger & Spring Onion
30. Sizzling Beef in Spicy Satay Sauce
31. Sizzling Chicken in Spicy Szechuan Sauce
32. Sizzling Chicken in Spicy Satay Sauce
33. Sizzling Chicken with Ginger & Spring Onion
34. Bubbling Stir-fried Seafood Selection
35. Bubbling Aubergines with Chopped Pork  
in Chili & Garlic Sauce
36. Bubbling Chicken in Coconut Curry Sauce

## Seafood

37. King Prawns with Fresh Asparagus
38. King Prawns with Fresh Mange-tout
39. Stir-fried Hot Chili King Prawns
40. King Prawns with Straw Mushrooms
41. Stir-fried King Prawns with Cashewnuts
42. Deep-fried Prawns with Chili & Salt
43. Deep-fried Prawns in Kung Po Sauce
44. King Prawns in Chili & Garlic Sauce
45. Deep-fried Ghan Shau Prawns
46. King Prawns in Black Bean Sauce
47. King Prawns in Spicy Crab Meat Sauce
48. Sweet and Sour King Prawns
49. Deep-fried Prawns in Lemon Sauce
50. Stir-fried Squid in Black Bean Sauce
51. Deep-fried Squid with Chili & Salt
52. Scallops with Fresh Asparagus
53. Scallops with Fresh Mange-tout
54. Scallops with Straw Mushrooms
55. Seafood Selection in Chili & Garlic Sauce
56. Deep-fried Fish Fillets in Sweet & Sour Sauce
57. Deep-fried Fish Fillets in Lemon Sauce

## Beef & Pork

58. Beef Slices in Black Bean Sauce
59. Beef with Asparagus & Cashewnuts
60. Crispy Sweet & Spicy Beef Shreds
61. Stir-fried Hot Chili Beef Slices
62. Crispy Beef Shreds in Cantonese Sauce
63. Beef Slices with Straw Mushrooms
64. Stir-fried Beef Slices in Oyster Sauce
65. Cantonese Roast Pork
66. Sweet and Sour Pork
67. Stir-fried Hot Chilli Roast Pork Slices

## Chicken & Duck

68. Stir-fried Chicken with Asparagus
69. Chicken in Spicy Crab Meat Sauce
70. Chicken in Black Bean Sauce
71. Chicken with Cashewnuts in Bean Sauce
72. Stir-fried Chicken with Mange-tout